

Make the Right Choice

Not all pads are made for pee. Find out why Poise® products like our new Thin-Shape Pads are the right choice for Light Bladder Leakage (LBL).

SEE THE DIFFERENCE



COMFORT AND PROTECTION HAVE A NEW SHAPE

Designed for extraordinary comfort, Poise Thin-Shape Pads are up to 40% thinner* than original Poise Pads. And since they have Super Absorbent Material (SAM), they stay 3X drier than Always period pads†.

SEE THIN-SHAPE



(L·B·L)

YOU'RE NOT ALONE

We know that millions of women are affected by Light Bladder Leakage – that's why we created the LBL Starter Guide. It's designed to help you better understand and manage those unexpected leaks.

VIEW GUIDE



MEET MARILYN

She's our Light Bladder Leaks (LBL) expert and is sharing all there is to know about LBL in her popular blog and podcast.

GO NOW

WE'VE GOT YOU COVERED

It's easier than ever to find the right protection! View our Absorbency Guide to find the absorbency that's right for you.

SEE ABSORBENCY GUIDE



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Have a product question or a concern? Connect with us [here](#) or give us a call at 1-877-947-6473 so we can assist you.

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